| Martin Elementary School |  |  |  |  |
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| January 2024 Menu |  |  |  |  |
| "This institution is an equal opportunity provider." |  |  |  |  |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| HANE YOU HEPRTA |  | 3. Sausage Biscuit Yogurt \& Granola Crunch Mania | 4. Beef Steak Biscuit Pillsbury Pancakes Pop Tarts | 5. Egg \& Cheese Biscuit Glazed Donut Holes Cereal |
|  | All students can eat Breakfast and Lunch at NO COST! | Assorted Chicken w/ Hot Roll Hamburger Steak \& Gravy w/ Hot Roll $3^{\text {rd }}$ choice: Cereal \& String Cheese Mashed Potatoes w/ Gravy Green Beans/Steamed Broccoli Green Peas Diced Pears/Strawberry Cup | ```Spaghetti w/ Breadstick Mini Corndogs 3rd}\mathrm{ choice: Yogurt & Crackers Cooked Carrots Steamed Veggies White Beans Peach Cup/Applesauce``` | Smothered Grilled Chicken w/ Hot Roll Pork Chop w/ Hot Roll $3^{\text {rd }}$ choice: Pizza Lunchable Green Peas Cheesy Potatoes Fresh Tossed Salad Tropical Fruit/Apple Slices |
| 8. Breakfast Burrito Pillsbury Cini Minis Cereal | 9. Breakfast Pizza Lemon Bread Pop Tarts | 10. Sausage Biscuit Apple Frudel Cereal | 11. Hot Ham and Cheese Pillsbury Waffles Pop Tarts | 12. Chicken Biscuit Blueberry Donut Holes Cereal |
| Cheeseburger <br> Chicken Sandwich <br> $3^{\text {rd }}$ choice: Bologna \& Cheese Sandwich Lettuce, Tomato, Pickle/Crinkle Cut Fries Baked Beans/Carrots w/Ranch Sidekick Slushie/Pears | Grilled Cheese <br> Corndog <br> $\mathbf{3}^{\text {rd }}$ choice: Grilled Chicken Salad <br> Corn/Sidewinder Fries <br> Steamed Broccoli <br> Pineapple/Bananas | Burrito <br> Pizza <br> 3 $^{\text {rd }}$ choice: Ham \& Cheese Sandwich <br> Seasoned Fries/Steamed Veggies <br> Fresh Tossed Salad <br> Applesauce/Sliced Oranges | Chicken Nuggets w/ Hot Roll Fish Sandwich $3^{\text {rd }}$ choice: Chef Salad <br> Maple Glazed Sweet Potatoes White Beans/Slaw <br> Peaches/Strawberry Cup | Beef Dippers w/ Hot Roll Cheese Sticks w/ Marinara $3^{\text {rd }}$ choice: Cereal \& String Cheese Mashed Potatoes/Green Beans Cucumbers \& Carrots w/Ranch Mixed Fruit/Sliced Apples |
| 15 | 16. Breakfast Burrito UBR Pop Tarts | 17. Sausage Biscuit Apple Frudel Cereal Bar and Snack Crackers | 18. Chicken Biscuit Pillsbury Waffles Pop Tarts | 19. Bacon Egg \& Cheese Biscuit Powdered Donut Holes Cereal |
|  | Chili w/ Crackers <br> Hot Dog <br> $3^{\text {rd }}$ choice: Yogurt \& Crackers <br> Corn <br> Baked Potato w/ Butter and Sour Cream <br> Broccoli and Cheese <br> Pineapple/Sliced Apple <br> Assorted Pudding <br> 23. Brater | Soft Shell Beef Taco Pizza $\mathbf{3}^{\text {rd }}$ choice: Popcorn Chicken Salad Cheese Cups,Salsa \& Sour Cream Seasoned Fries Corn and Black Bean Fiesta Fresh Tossed Salad Applesauce/Banana | Popcorn Chicken w/ Hot Roll Fish Sticks w/ hushpuppies $3^{\text {rd }}$ choice: Cereal \& String Cheese <br> Maple Glazed Sweet Potatoes White Beans <br> Onion Rings/Slaw Peaches/Honeydew \& Cantaloupe | Philly Beef Steak Sandwich Hot Ham and Cheese Sliders $3^{\text {rd }}$ choice: Bologna \& Cheese Lunchable <br> Potato Wedges Corn <br> Carrots w/ Ranch Fruit Cocktail/Pear |
| 22. Ham and Cheese Sliders Pillsbury Cini Mini Cereal | 23. Breakfast Pizza UBR Pop Tarts | 24. Sausage Biscuit Banana Bread Crunch Mania | 25. Beef Steak Biscuit Apple Frudel Pop Tarts | 26. Bacon Egg \& Cheese Biscuit Glazed Donut Holes Cereal |
| Grilled Cheese Crispitos 3 $^{\text {rd }}$ choice: Cereal \& String Cheese Corn on the Cob Fries Carrots w/ ranch Veggie Soup Sorbet Cup/Grapes | Pollo Loco Chicken Burrito $\mathbf{3}^{\text {rd }}$ choice: Pizza Lunchable Mexican Rice w/ Cheese Tostitos w/ Salsa Fiesta Refried Beans Fresh Broccoli w/ Ranch/Tater Tots Peaches/Sliced Oranges | Poppy Seed Chicken w/ cornbread Hamburger Steak w/Gravy \& cornbread $3^{\text {rd }}$ choice: Grilled Chicken Salad <br> Black-eyed Peas/Broccoli \& Cheese Baked Sweet Potato w/ Butter and Brown Sugar Fresh Tossed Salad Mandarin Oranges/Banana | Chicken Patties <br> Sausage Patties <br> Biscuits w/ Gravy \& Jelly $3^{\text {rd }}$ choice: Yogurt \& Crackers Scrambled Eggs Tater Tots/VBlend Juice Carrots w/ Ranch Cinnamon Apples/Strawberry Cup | Beef Dippers w/ Hot Roll Sweet and Sour Chicken w/ Asian Rice $3^{\text {rd }}$ choice: Deli Sub Stir Fry Vegetables Glazed Carrots Tropical Fruit/Sliced Apple |
| 29. Warm Bagel w/ Cream Cheese Pillsbury Cini Minis Cereal | 30. Breakfast Pizza Cracker \& Muffin Pop Tarts | 31. Sausage Biscuit Yogurt \& Granola Crunch Mania | FEB 1. Chicken Biscuit Pillsbury Pancakes Pop Tarts | FEB 2. Egg \& Cheese Biscuit Glazed Donut Holes Cereal |
| Chicken Sandwich Bacon Cheese Burger $3^{\text {rd }}$ choice: Cereal \& String Cheese Lettuce, Tomato, Pickle/Onion Rings Sidewinder Fries/Baked Beans Applesauce/Sliced Oranges | BBQ Nachos Crispitos $\mathbf{3}^{\text {rd }}$ choice: Fresh Fruit Parfait Salsa/Sour Cream/Jalapenos Fries/Corn Refried Beans/Slaw Mandarin Oranges/Banana | Chicken Nuggets w/ Roll Hamburger Steak w/ Roll $3^{\text {rd }}$ choice: Chef Salad <br> Mashed Potatoes w/ Gravy Green Beans/Steamed Broccoli Green Peas Diced Pears/Sliced Apples | Baked Rotini w/ Breadstick <br> Cheese Sticks w/ Marinara <br> $3^{\text {rd }}$ choice: Ham \& Cheese Lunchable <br> Cooked Carrots <br> Steamed Veggies <br> Fresh Tossed Salad <br> Peaches/Pear | ```Chicken Parmesan w/ Roll Pork Chop w/ Roll 3rd}\mathrm{ choice: Pizza Lunchable Green Peas Cheesy Potatoes Tropical Fruit/Strawberry Cup Assorted Jello``` |

