

Martin Elementary School January 2024 Menu

"This institution is an equal opportunity provider."

Menu is subject to change without prior notice.

School Nutrition Department		Menu is subject to change without prior notice.		
Monday	Tuesday	Wednesday	Thursday	Friday
		3. Sausage Biscuit	4. Beef Steak Biscuit	5. Egg & Cheese Biscuit
No.		Yogurt & Granola	Pillsbury Pancakes	Glazed Donut Holes
HAVE YOU HEARD		Crunch Mania	Pop Tarts	Cereal
	A 11 . 1	Assorted Chicken w/ Hot Roll	Spaghetti w/ Breadstick	Smothered Grilled Chicken w/ Hot Roll
	All students can eat	Hamburger Steak & Gravy w/ Hot Roll	Mini Corndogs	Pork Chop w/ Hot Roll
	Deschafast and Lymph at	3 rd choice: Cereal & String Cheese	3 rd choice: Yogurt & Crackers	3 rd choice: Pizza Lunchable
	Breakfast and Lunch at	Mashed Potatoes w/ Gravy	Cooked Carrots	Green Peas
	NO COST!	Green Beans/Steamed Broccoli	Steamed Veggies	Cheesy Potatoes
	NO COST:	Green Peas	White Beans	Fresh Tossed Salad
		Diced Pears/Strawberry Cup	Peach Cup/Applesauce	Tropical Fruit/Apple Slices
8. Breakfast Burrito	9. Breakfast Pizza	10. Sausage Biscuit	11. Hot Ham and Cheese	12. Chicken Biscuit
Pillsbury Cini Minis	Lemon Bread	Apple Frudel	Pillsbury Waffles	Blueberry Donut Holes
Cereal	Pop Tarts	Cereal	Pop Tarts	Cereal
Cheeseburger	Grilled Cheese	Burrito	Chicken Nuggets w/ Hot Roll	Beef Dippers w/ Hot Roll
Chicken Sandwich	Corndog	Pizza	Fish Sandwich	Cheese Sticks w/ Marinara
3rd choice: Bologna & Cheese Sandwich	3 rd choice: Grilled Chicken Salad	3 rd choice: Ham & Cheese Sandwich	3rd choice: Chef Salad	3rd choice: Cereal & String Cheese
Lettuce, Tomato, Pickle/Crinkle Cut Fries	Corn/Sidewinder Fries	Seasoned Fries/Steamed Veggies	Maple Glazed Sweet Potatoes	Mashed Potatoes/Green Beans
Baked Beans/Carrots w/Ranch	Steamed Broccoli	Fresh Tossed Salad	White Beans/Slaw	Cucumbers & Carrots w/Ranch
Sidekick Slushie/Pears	Pineapple/Bananas	Applesauce/Sliced Oranges	Peaches/Strawberry Cup	Mixed Fruit/Sliced Apples
15	16. Breakfast Burrito	17. Sausage Biscuit	18. Chicken Biscuit	19. Bacon Egg & Cheese Biscuit
13	UBR	Apple Frudel	Pillsbury Waffles	Powdered Donut Holes
	Pop Tarts	Cereal Bar and Snack Crackers	Pop Tarts	Cereal
NO SCHOOL	Chili w/ Crackers	Soft Shell Beef Taco	Popcorn Chicken w/ Hot Roll	Philly Beef Steak Sandwich
NO SCHOOL	Hot Dog	Pizza	Fish Sticks w/ hushpuppies	Hot Ham and Cheese Sliders
* * .010	3 rd choice: Yogurt & Crackers	3 rd choice: Popcorn Chicken Salad	3 rd choice: Cereal & String Cheese	3 rd choice: Bologna & Cheese
Martin Luther	Corn	Cheese Cups, Salsa & Sour Cream	Maple Glazed Sweet Potatoes	Lunchable
True Luther	Baked Potato w/ Butter and Sour Cream	Seasoned Fries	White Beans	Potato Wedges
Ming Day	Broccoli and Cheese	Corn and Black Bean Fiesta	Onion Rings/Slaw	Corn
	Pineapple/Sliced Apple	Fresh Tossed Salad		Carrots w/ Ranch
	Assorted Pudding	Applesauce/Banana	Peaches/Honeydew & Cantaloupe	Fruit Cocktail/Pear
22. Ham and Cheese Sliders	23. Breakfast Pizza	24. Sausage Biscuit	25. Beef Steak Biscuit	26. Bacon Egg & Cheese Biscuit
Pillsbury Cini Mini	UBR	Banana Bread	Apple Frudel	Glazed Donut Holes
Cereal	Pop Tarts	Crunch Mania	Pop Tarts	Cereal
Grilled Cheese	Pollo Loco Chicken	Poppy Seed Chicken w/ cornbread	Chicken Patties	Beef Dippers w/ Hot Roll
Crispitos	Burrito	Hamburger Steak w/Gravy & cornbread	Sausage Patties	Sweet and Sour Chicken w/ Asian Rice
3 rd choice: Cereal & String Cheese	3 rd choice: Pizza Lunchable	3 rd choice: Grilled Chicken Salad	Biscuits w/ Gravy & Jelly	3 rd choice: Deli Sub
Corn on the Cob	Mexican Rice w/ Cheese	Black-eyed Peas/Broccoli & Cheese	3 rd choice: Yogurt & Crackers	Stir Fry Vegetables
Fries	Tostitos w/ Salsa	Baked Sweet Potato w/ Butter and	Scrambled Eggs	Glazed Carrots
Carrots w/ ranch	Fiesta Refried Beans	Brown Sugar	Tater Tots/VBlend Juice	Tropical Fruit/Sliced Apple
Veggie Soup	Fresh Broccoli w/ Ranch/Tater Tots	Fresh Tossed Salad	Carrots w/ Ranch	Tropical Fruit/Sliceu Apple
Sorbet Cup/Grapes	Peaches/Sliced Oranges	Mandarin Oranges/Banana	Cinnamon Apples/Strawberry Cup	
29. Warm Bagel w/ Cream Cheese	30. Breakfast Pizza	31. Sausage Biscuit	FEB 1. Chicken Biscuit	FEB 2. Egg & Cheese Biscuit
Pillsbury Cini Minis	Cracker & Muffin	Yogurt & Granola	Pillsbury Pancakes	Glazed Donut Holes
Cereal	Pop Tarts	Crunch Mania	Pop Tarts	Cereal
Cerear	r op talts	Cruncil Iviania	r op laits	Cerear
Chicken Sandwich	BBQ Nachos	Chicken Nuggets w/ Roll	Baked Rotini w/ Breadstick	Chicken Parmesan w/ Roll
Bacon Cheese Burger	Crispitos	Hamburger Steak w/ Roll 3rd choice: Chef Salad Mashed Potatoes w/ Gravy	Cheese Sticks w/ Marinara	Pork Chop w/ Roll
3 rd choice: Cereal & String Cheese	3 rd choice: Fresh Fruit Parfait	3rd choice: Chef Salad	3 rd choice: Ham & Cheese Lunchable	3 rd choice: Pizza Lunchable
Lettuce, Tomato, Pickle/Onion Rings	Salsa/Sour Cream/Jalapenos	Mashed Potatoes w/ Gravy	Cooked Carrots	Green Peas
Sidewinder Fries/Baked Beans	Fries/Corn	Green Beans/Steamed Broccoli	Steamed Veggies	Cheesy Potatoes
Applesauce/Sliced Oranges	Refried Beans/Slaw	Green Peas	Fresh Tossed Salad	Tropical Fruit/Strawberry Cup
	Mandarin Oranges/Banana	Diced Pears/Sliced Apples	Peaches/Pear	Assorted Jello